

Y chromosome microdeletions in Brazilian fertility clinic patients

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ABSTRACT. Microdeletions in Yq are associated with defects in spermatogenesis, while those in the AZF region are considered critical for germ cell development. We examined microdeletions in the Y chromosomes of patients attended at the Laboratory of Human Reproduction of the Clinical Hospital of the Federal University of Goiás as part of a screening of patients who plan to undergo assisted reproduction. Analysis was made of the AZF region of the Y chromosome in men who had altered spermograms to detect possible microdeletions in Yq. Twenty-three patients with azoospermia and 40 with severe oligo-zoospermia were analyzed by PCR for the detection of six sequence-tagged sites: sY84 and sY86 for AZFa, sY127 and sY134 for AZFb, and sY254 and sY255 for AZFc. Microdeletions were detected in 28

patients, including 10 azoospermics and 18 severe oligozoospermics. The patients with azoospermia had 43.4% of their microdeletions in the AZFa region, 8.6% in the AZFb region and 17.4% in the AZFc region. In the severe oligozoospermics, 40% were in the AZFa region, 5% in the AZFb region and 5% in the AZFc region. We conclude that microdeletions can be the cause of idiopathic male infertility, supporting conclusions from previous studies.

Key words: Male infertility, AZF, Assisted human reproduction, Y microdeletions

INTRODUCTION

Male infertility was first found to be associated with deletions on the Y chromosome by Tiepolo and Zuffardi (1976). They found that six men had loss of the distal euchromatic region of the Y chromosome (Yq11), while their fathers had the normal Y chromosome, characterizing these mutations as "*de novo*"; later they named this the AZF (azoospermia factor) locus. Based on molecular studies of infertile men who presented interstitial deletions (not detectable in the karyotype), it was found that this region is strongly associated with spermatogenesis defects and that it contains several genes involved in male fertility (Ferrás et al., 2004a; Rao et al., 2004).

The microdeletions that occur in the AZF region affect genes that are involved in spermatogenesis (Dada et al., 2003). The AZF region is subdivided into three non-overlapping sub-regions called AZFa in the proximal portion (interval D3-D6), AZFb in the intermediate region (D13-D16) and AZFc in the distal region (D20-D22) (Foresta et al., 2001). Each of these regions contains several genes involved in male fertility that are in the euchromatic region of Yq; they are strongly associated with spermatogenic defects, such as azoospermia and oligozoospermia. Although there is not still no definitive consensus about the relationship between the type of microdeletion and the resulting sperm defect, microdeletions in AZFa lead to Sertoli cell-only syndrome (SCO), mutations in AZFb provoke an interruption in meiosis I, and mutations in AZFc result in hypospermatogenesis, progressing to severe azoospermia or oligozoospermia (Ferrás et al., 2004b; Foresta et al., 2005).

Microdeletions in the AZF region are frequently found in patients with azoospermia. The incidence of these microdeletions has been found to vary from 3 to 55% in Yq of patients with infertility problems (Foresta et al., 1998; Vogt, 2004). A relatively high frequency of "*de novo*" deletions could be due to spontaneous susceptibility to loss of genetic material in the Y chromosome.

Although a high percentage of infertile men with microdeletions in the Y chromosome are not able to produce children by natural mechanisms of reproduction, there can be transmission of the father's infertility problems to his sons, when they are produced by assisted reproduction. This predisposition for infertility can include gradual alterations in spermatozoid production, so that a young man with oligozoospermia later becomes azoospermic (Kihaile et al., 2005). Assisted reproduction techniques can help certain patients get pregnant, but infertility characteristics are still transmitted to their children. We examined microdeletions in the Y chromosomes of patients with azoospermia and severe oligozoospermia in an assisted reproduction clinic in the Goiânia city, west-central of Brazil.

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MATERIAL AND METHODS

Patients

The project was approved by the Ethics in Research Committee of the Catholic University of Goiás (No. 150/2004). An informed consent form was signed by all of the participants. Samples of blood and semen were collected from 300 men at the Laboratory of Human Reproduction (HC-UFG) in 2004, 2005 and 2006; only those with normal karyotypes were selected. The patients were classified according to alterations detected in three consecutive spermograms, based on the WHO technique (1999), into groups with non-obstructive azoospermia and those with severe oligozoospermia ($\leq 5 \times 10^6$ sperm/mL).

DNA isolation and molecular analysis

Genomic DNA was isolated from peripheral blood lymphocytes or semen following the instructions of the GFX[™] Genomic Blood DNA purification kit (Amershan Pharmacia Biotech Inc.[®], USA). Microdeletion analysis was made of the regions AZFa, AZFb and AZFc sequence-tagged sites (STS; Table 1). The amplification system that we used, recommended by the European Academy of Andrology (EAA), allows us to detect 90% of the microdeletions in the AZF region (Simoni et al., 1999, 2004). For positive control samples, we used genomic DNA from fertile men (normal spermograms) with naturally conceived children; negative control DNA was obtained from women. The SRY gene (sex-determining region of the Y) was examined in the control group to confirm the sex and to look for ZFX/ZFY genes (zinc finger transcription factor). The PCR product was run by electrophoresis on a 1.5% agarose gel impregnated with ethidium bromide at 5 µg/mL and visualized under UV light. The STS region was considered absent after three repetitions with negative results.

chromosome.		,		
STS	Locus	Region	Sequence 5' to 3'	
sY14	SRY	Yp11.3	F5'- GAATATTCCCGCTCTCCGGA R5'- GCTGGTGCTCCATTCTTGAG	472
ZFX/ZFY	ZFX/ZFY	Xq34 Yp22.3	F5'- ACCRCTGTACTGACTGTGATTACAC R5'- GCACYTCTTTGGTATCYGAGAAAGT	495
sY84	DYS273	475-	F5'- AGAAGGGTCTGAAAGCAGGT R5'- GCCTACTACCTGGAGGCTTC	326
sY86	DYS148	AZFa	F5'- GTGACACACAGACTATGCTTC R5'- ACACACAGAGGGACAACCCT	320
sY127	DYS218	AZFb	F5'- GGCTCACAAACGAAAAGAAA R5'- CTGCAGGCAGTAATAAGGGA	274
sY134	DYS224		F5'- GTCTGCCTCACCATAAAACG R5'- ACCACTGCCAAAACTTTCAA	301
sY254	DAZ	AZFc	F5'- GGGTGTTACCAGAAGGCAAA R5'- GAACCGTATCTACCAAAGCAGC	400
sY255	DAZ		F5'- GTTACAGGATTCGGCGTGAT R5'- CTCGTCATGTGCAGCCAC	126
R: A/G; Y: C/T.				

Table 1. Sequence-tagged sites (STS) used in the molecular study of microdeletions in the AZF region of the Y

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RESULTS

We selected 63 of the original 300 patients who had azoospermia or non-obstructive or severe oligospermia (21%). We found 65 infertile males based on spermogram alterations (21.6%) with teratozoospermia and 37 (12.3%) with asthenozoospermia. Alterations in the number of cells produced were found in 13.3% due to severe oligozoospermia ($<5 \times 10^6$ sperm/mL), 12.3% due to oligozoospermia and 7.6% due to non-obstructive azoospermia (Figure 1).



Figure 1. Results of the spermogram test in Brazilian fertility clinic patients.

Among the 63 patients with azoospermia or severe oligozoospermia, 28 had microdeletions, 10 were azoospermic patients and 18 had severe oligozoospermia. The ages of the azoospermic patients varied from 23 to 50 years, with a mean of 36 years. Patients with severe oligozoospermia ranged from 21 to 62 years, with a mean of 35 years.

Among the 23 azoospermic patients, 10 had deletions in the AZFa region, 2 had microdeletions in the AZFb region and 4 in the AZFc region. Among the 40 severe oligozoospermic patients, 16 had deletions only in the AZFa region, 2 had microdeletions in the AZFb region and 2 in the AZFc region (Figure 2).

Amplification of the genes SRY and ZFX/ZFY was detected in all the patients and in the positive controls, while only the ZFX/ZFY amplified in the negative control (Figure 3).

DISCUSSION

Studies on microdeletions of the Y chromosome have been carried out with a variety experimental designs, and variation in the prevalence of the microdeletions in the Y chromosome from 1 to 55.5% has been reported. A number of factors have been proposed to explain

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Patients		Sperm	Sperm AZFa		AZFb			AZFc			
No.	Age	$(x \ 10^{6}/mL)$	sY84	sY86	sY127	sY134	sY254	sY255			
Azoospermics											
1	35	0	+	-	+	+	-	-			
2	46	0	-	-	+	-	-	-			
3	31	0	+	-	+	+	+	+			
4	26	0	+	-	+	+	+	+			
5	26	0	-	+	+	+	+	+			
6	40	0	-	+	+	+	+	+			
7	38	0	+	-	+	+	+	+			
8	41	0	+	-	+	+	+	+			
9	50	0	-	-	+	-	-	+			
10	28	0	+	-	+	+	-	+			
Severe oligozoospermics											
11	32	1	-	+	+	+	+	+			
12	38	1	+	-	+	+	-	+			
13	32	3	+	-	+	+	+	+			
14	24	4	+	-	+	+	+	+			
15	37	4	+	-	+	+	+	+			
16	29	3	-	-	+	+	-	+			
17	41	1	+	-	+	+	+	+			
18	30	5	-	+	+	+	+	+			
19	35	1	+	+	+	-	+	+			
20	49	1	+	+	+	-	+	+			
21	28	4	-	+	+	+	+	+			
22	35	4	-	+	+	+	+	+			
23	31	2	+	-	+	+	+	+			
24	29	1	+	-	+	+	+	+			
25	35	1	-	+	+	+	+	+			
26	33	2	+	-	+	+	+	+			
27	36	1	+	-	+	+	+	+			
28	38	5	-	-	+	+	+	+			

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Figure 2. Clinical data of the patients and regions deleted in AZF. Sequence-tagged site (STS) markers deleted: (-) deleted STS markers; (+) STS markers present.

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Figure 3. Electrophoresis on a 1.5% agarose gel showing deletion in the AZF region of the Y chromosome. *Ld*, molecular weight 100 bp (Invitrogen); ZFX/Y, 495 bp; SRY, 472 bp; sY255, 126 bp; sY254, 400 bp; sY134, 301 bp; sY127, 274 bp; sY86, 320 bp; sY84, 326 bp. *Lanes 02* and *09*, azoospermic patients. *Lanes 12* and *16*, severe oligozoospermic patients.

the wide variation in Y deletion frequencies, including population, ethnic variation, environmental influence, patient selection criteria, STS, and classification values used to define severe oligospermia of 5 x, 2 x or 1 x 10⁶ sperm/mL. Blood or semen DNA was used. There is no consensus about the marker that should be used for Y chromosome microdeletion analysis (Foresta et al., 1998; Lê Bourhis et al., 2000; Krausz et al., 2001; Loginova et al., 2003; SãoPedro et al., 2003; Carrara et al., 2004; Dada et al., 2004; Simoni et al., 1999, 2004; Vogt, 2004; Hellani et al., 2006; Pina-Neto et al., 2006).

SãoPedro et al. (2003) utilized the same values that we used for severe oligozoospermia; however, Vogt et al. (1996) considered the values for severe oligozoospermia below 2 x 10⁶ sperm/mL. Carrara et al. (2004) and Hellani et al. (2006) established values for severe oligozoospermia of $<1 \times 10^6$ sperm/mL. Dada et al. (2004) only indicated oligozoospermia without specifying the number of spermatozoa. Some authors, including Krausz et al. (2001) and Loginova et al. (2003) considered a spermatozoa number below 1 x 10⁶ sperm/mL to be cryptozoospermia.

Deletions in the AZF region are commonly found in patients with azoospermia, which we also found in our study, but a genotype-phenotype correlation has not been objectively demonstrated. Deletions in the AZFb region have been found to be associated with azoospermia, oligozoospermia, and normozoospermia; deletions in the AZFc region have been found to be associated with azoospermia and severe to mild oligozoospermia (Thangaraj et al., 2003).

In our country, studies made by SãoPedro et al. (2003) detected 6.7% microdeletions in patients in São Paulo city, based on 14 STS, with 6.8% azoospermics and 6.4% severe oligozoospermics. But they did not analyze Y134; we observed 14.2% microdeletions with this STS. However, Carrara et al. (2004) also reported a prevalence of 5.3% microdeletions

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within the AZFc region of infertile Brazilian men using 28 STS and none of these STS were considered by EAA, and they found no deletions in SCO-affected patients; but Pina-Neto et al. (2006) found 7.5% microdeletions in all three AZF regions using the same 28 STS used by Carrara et al. (2004) in the same hospital. All these studies were made in the southeast region of Brazil. The difference in the deletion prevalence that we found could be due to the characteristics of the region where the study took place, this study being the first to examine these factors. However, in both regions there is an Italian contribution; Foresta et al. (1998) reported a microdeletion in the AZFa region in over 55% of Italian patients with SCO. We did not make a histological diagnosis of our patients. Molecular studies are underway for extension analysis of the microdeletions in the AZFa region.

Our study region was predominantly rural; this could explain testicle accidents due to falling from horses along with problems due to pesticide handling. We also found that 52% of the azoospermic patients who had presented microdeletions in the AZFa region reported testicle accidents with wounds and/or mumps. Dejucq and Jégou (2001) observed testicle atrophy in 40 to 70% of patients with orchitis; this influences the production of spermatozoids, resulting in azoospermia. Unilateral involvement is more common than bilateral, which occurs in 15 to 30% of couples; even though it is evident that, in contrast with what was expected, external causes are responsible for unexplained microdeletions in the Y chromosome. Studies suggest that deletions in AZFa can be events of recombination between specific repetitive regions defined as hot spots (Kamp et al., 2001). These comparative observations led us to believe the hypothesis that some molecular mechanism, operating on defined hot spots in Yq, could be responsible for a similar recurrence of AZFa deletions. The loci STS sY84 and sY86 used in the EAA minimal set for analysis of AZFa deletions are always deleted in patients with complete AZFa deletions (Simoni et al., 1999, 2004); however, studies relate absence of microdeletions of these markers in the azoospermic population and suggest that these deletions are associated in some populations but not in others, as with sY746 in the same region (Pena et al., 2000; Krausz et al., 2003; Thangaraj et al., 2003; Fernandes et al., 2004). Deletions would have been noted if markers were used for a specific population.

It is not clear how to diagnosis the cause of infertility in patients. Studies of microdeletions in Yq will help in the development of better methods of diagnosis and will be useful for increasing our understanding of spermatogenesis. Molecular examinations of genetic causes should not exclude the preliminary questioning of the couple. However, such studies are necessary to determine if microdeletions in chromosome Y are related to external factors that could be causes of "*de novo*" mutations in patients. There is an urgent necessity for implementing molecular methods in medical clinics. Diagnosis of genetic alterations and knowledge on vertical transmission of these abnormalities are essential for studies of infertile men who participate in assisted human reproduction.

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