

# High levels of glucose promote the activation of hepatic stellate cells via the p38-mitogenactivated protein kinase signal pathway

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**ABSTRACT.** The relationship between the p38-mitogen-activated protein kinase (p38-MAPK) signal pathway and high glucose-induced hepatic stellate cell (HSC) activation was investigated in this study. Sixty human HSC samples were randomly selected and used in the control (cultured normally), high-glucose (cultured in the presence of high glucose), and blocking (cultured under high-glucose conditions in the presence of the p38-MAPK inhibitor, SB203580) groups. The cells were incubated for 120 h and subsequently analyzed for morphological changes by inverted microscopy and for  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) expression (to determine the degree of HSC activation) by the method of streptavidin-biotin complex and western blot. Phospho-p38-MAPK protein expression was analyzed by western blotting.  $\alpha$ -SMA and phospho-p38-MAPK expression was significantly upregulated in HSCs cultured under high-glucose conditions, compared to the HSCs cultured normally (P < 0.01). On the other hand, phospho-p38-MAPK

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and  $\alpha$ -SMA protein levels were significantly lower in the blocking group compared to the high-glucose group (P < 0.01). Based on these results, we concluded that high-glucose levels induce HSC activation mediated by phospho-p38-MAPK. Therefore, blocking the p38-MAPK signal pathway could inhibit this effect.

**Key words:** Hepatic stellate cells; α-Smooth muscle actin; Glucose; p38-Mitogen-activated protein kinase signaling pathway; SB203580

# **INTRODUCTION**

Hepatic stellate cells (HSCs) are the main effector cells of liver fibrosis (Friedman, 2008a; Li et al., 2008). HSC activation and the resulting excessive deposition of extracellular matrix is the central feature of liver fibrosis (Friedman, 2008b); therefore, prevention of HSC activation can affect the development of liver fibrosis (De Minicis et al., 2007; Friedman, 2008c). However, the regulation of HSC activation is a highly complex process. Recent studies have shown that the p38-mitogen-activated protein kinase (p38-MAPK) signaling pathway plays a very important role in HSC stress, activation, proliferation, apoptosis, phenotypic transdifferentiation, and other physiological and pathological processes (Brown and Sacks, 2008; Kyriakis and Avruch, 2012). In this study, the relationships between the p38-MAPK signaling pathway, HSC activation, and liver fibrosis were further elucidated by identifying changes in p38-MAPK signaling in HSCs activated by high-glucose levels in culture. A reduction in HSC activation corresponding to the blockage of the p38-MAPK signaling pathway further supported the existence of a close relationship between p38-MAPK signaling and HSC activation.

# **MATERIAL AND METHODS**

## **Cell lines and reagents**

The LI-90 HSCs were obtained from the Experimental Animal Center of Sun Yatsen University (Guangzhou, China). Dulbecco's modified Eagle's medium with L-glutamine (L-DMEM) was purchased from Gibco (Thermo Fisher Scientific, Waltham, MA, USA). Fetal calf serum was purchased from Harry Bio-Engineering Co., Ltd. (Chengdu, China). P38-MAPK inhibitor SB203580 was purchased from New England Biolabs (Ipswich, MA, USA). Primary antibodies against  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA), phospho-p38-MAPK, and GAPDH, and their corresponding secondary antibodies were purchased from Boster Bio-Engineering Co., Ltd. (Wuhan, China). The ECL kit was purchased from KGI Bio-Technology Development Co., Ltd. (Nanjing, China) and liraglutide was purchased from Novo Nordisk (Bagsvaerd, Denmark).

## Grouping

Sixty randomly selected human HSC samples were equally divided into 3 experimental groups: control, high-glucose, and blocking (N = 20 each). Samples belonging to the control group were cultured in a routine manner. Samples in the high-glucose group were cultured in

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a medium supplemented with glucose to give a final concentration of 25 mM, and samples in the blocking group were cultured in high-glucose medium (concentration = 25 mM) in the presence of the p38-MAPK inhibitor SB203580 (concentration = 40  $\mu$ M). All samples were incubated for 120 h.

# **Experimental methods**

# HSC culture

HSCs were recovered, seeded in 2.5-mL plastic culture flasks, and cultured in L-DMEM supplemented with 10% (volume fraction) fetal bovine serum in a 5% (volume fraction)  $CO_2$  humidified incubator (He Cheng Instrument, Shanghai, China) at 37°C. The medium was changed every 3 days.

# Analysis of HSC morphology

The HSC morphology was analyzed under an inverted microscope (Olympus Corporation, Tokyo, Japan). Activated HSCs appeared flat with large cell bodies and well-developed stress fibers. Moreover, these cells appeared to lack cytoplasmic lipid droplets.

# Detection of HSC activation by immunocytochemistry

HSC activation is characterized by the expression of  $\alpha$ -SMA. The extent of HSC activation can be determined by detecting  $\alpha$ -SMA expression *in situ* using the streptavidin-biotin complex (SABC) method. The samples were fixed with 2.5 mL 4% paraformaldehyde for 15 min. The medium was aspirated and the samples were rinsed twice with phosphate-buffered saline (PBS) for 5 min each. Each sample was treated with a 1:50 mixture of hydrogen peroxide (30%) and methanol (100%). Endogenous peroxidase was blocked at room temperature and the samples were washed twice with PBS for 5 min each. The samples were incubated with bovine serum albuminblocking solution (added drop wise) at room temperature (20°C) for 20 min, and subsequently incubated with a primary antibody against  $\alpha$ -SMA (1:100; added drop wise) at 37°C for 1 h. The samples were rinsed thrice with PBS for 2 min. The samples were then incubated with biotinlabeled secondary antibodies at 37°C for 20 min, and subsequently rinsed thrice with PBS (2 min each). The samples were treated with horseradish peroxidase-labeled streptavidin working solution at 37°C for 20 min, and subsequently washed with PBS (four times; 5 min each). The samples were then developed using a DAB kit, according to the manufacturer protocols, Briefly, the kit components A, B, and C were combined with distilled water, and the resulting solution was allowed to develop on a glass slide at room temperature. The slides were observed under an inverted microscope (Olympus Corporation) within 5-25 min. The slides were washed with distilled water to terminate the reaction and counter-stained with hematoxylin when necessary. Cells presenting brown- or tan-colored cytoplasmic regions were identified as being positively stained.

## Extraction and quantification of sample protein

HSCs were lysed with a lysis buffer containing 8 M urea, 4% CHAPS (3-[(3-Cholamidopropyl)dimethylammonio]propanesulfonate), 1% TATA-binding protein

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(TBP), 0.2% BioLyte, and 0.001% bromophenol blue. The cells were incubated in an ice-bath at 4°C with intermittent ultrasound and centrifuged at 22,000 g by a high-speed centrifuge (An Ting Scientific Instrument, Shanghai, China). The protein concentration in the cell supernatant was quantified by a standard Bradford assay.

## Detection of a-SMA expression in human HSCs by western blot

A 10% polyacrylamide gel was placed in an electrophoresis (Liu Yi Biotechnology, Beijing, China). The protein samples were loaded on the gel and separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) in Tris-glycine buffer. The gel was transferred to an electric transfer plate and the protein bands were transferred to a polyvinylidene difluoride (PVDF) membrane at 350 mA for 1 h. The membrane was rinsed with Tris-buffered saline (TBS) for 10 min, and incubated in blocking solution (TBS/T containing 5% skim milk) for 1 h at room temperature. The membrane was then washed thrice in TBS/T (5 min each). The PVDF membrane was incubated with the  $\alpha$ -SMA primary antibody diluted in blocking solution (1:100) at 4°C overnight, rinsed thrice in TBS/T (5 min each), and subsequently incubated for 1 h with a horseradish peroxidase-conjugated secondary antibody diluted in blocking solution (1:3000) at 37°C in a shaker incubator. The membrane was rinsed thrice with TBS/T (5 min each) and then washed once with TBS. The PVDF membrane was visualized using an ECL kit. The film was exposed, developed, fixed, and analyzed using a BD transilluminator (BD Biosciences, Franklin Lakes, NJ, USA) and its accompanying software. GAPDH was used as the internal reference for semi-quantitative analysis.

# Detection of phospho-p38-MAPK protein levels by western blot

A 10% polyacrylamide gel was prepared and placed in an electrophoresis (Liu Yi Biotechnology). The protein samples were loaded to the gel and separated by SDS-PAGE in Tris-glycine buffer. The gel was then transferred to an electric transfer plate and the protein bands were transferred to a PVDF membrane at 350 mA for 1 h. The membrane was rinsed with TBS for 10 min, and incubated in the blocking solution (TBS/T containing 5% skim milk) for 1 h at room temperature. The membrane was then washed thrice in TBS/T (5-10 min each). The PVDF membrane was incubated with the phospho-p38-MAPK primary antibody diluted in blocking solution (1:1000) at 4°C overnight. Subsequently, it was rinsed thrice in TBS with Tween 20 (TBS/T) (5-10 min each), and incubated with a horseradish peroxidase-conjugated secondary antibody diluted in blocking solution (1:2000) at 37°C for 1 h. The membrane was rinsed thrice with TBS/T (5-10 min each) and finally washed once with TBS. The PVDF membrane was visualized using an ECL kit. The film was exposed, developed, fixed, and analyzed using a BD transilluminator (BD Biosciences) and its accompanying software. GAPDH was used as the internal reference for semi-quantitative analysis.

#### **Statistical analysis**

Data were statistically analyzed using SPSS 17.0 (IBM, Armonk, NY, USA) and found to be normally distributed. Differences between two independent samples were determined using the Student *t*-test.

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# RESULTS

## Glucose-induced HSC activation is abrogated by p38-MAPK inhibition

 $\alpha$ -SMA expression in human HSCs was analyzed *in situ* by the SABC method. The results are summarized in Figure 1. Cells stained a brown or tan were positive for  $\alpha$ -SMA expression.  $\alpha$ -SMA signals were stronger in the high-glucose group compared to the control group, while the signals in the blocking group were similar to those shown by the cells in the control group.



**Figure 1.** Detection of  $\alpha$ -SMA expression in human hepatic stellate cells from each experimental group by the *in situ* SABC method (SABC, 200X). **A.** Control group; **B.** high-glucose group; and **C.** blocking group.

 $\alpha$ -SMA expression in human HSCs cultured normally, under high-glucose conditions, or under blocking conditions was analyzed by western blot, using GAPDH as the loading control (Figure 2). HSCs cultured under high-glucose conditions showed higher  $\alpha$ -SMA expression than HSCs in the control and blocking groups.



Figure 2. Detection of  $\alpha$ -SMA protein expression in human hepatic stellate cells cultured under A. normal, B. high-glucose, and C. blocking (SB203580-treated) conditions, by western blot analysis.

Phosphorylation of p38-MAPK induced by high levels of glucose by western blot was conducted to detect phospho-p38-MAPK expression in human HSCs cultured normally, under high-glucose conditions, and under blocking conditions, using GAPDH as the loading control (Figure 3). The phospho-p38-MAPK expression was higher in HSCs cultured under high-glucose conditions, than in HSCs belonging to the control and blocking groups.

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**Figure 3.** Detection of phospho-p38-MAPK protein expression in human hepatic stellate cells cultured under **A.** normal, **B.** high-glucose, and **C.** blocking (SB203580-treated) conditions by western blot analysis.

## Statistical analysis of experimental data

Quantification of band intensities on the western blot indicated that phospho-p38-MAPK expression was significantly higher in the high-glucose group than in the control group (P < 0.01; Figure 3 and Table 1). Similar results were deduced from the  $\alpha$ -SMA band intensities (P < 0.01; Figure 2 and Table 1). Additionally, HSCs cultured under blocking conditions showed significantly lower phospho-p38-MAPK (P < 0.01; Figure 3 and Table 1) and  $\alpha$ -SMA (P < 0.01; Figure 2 and Table 1) expression levels than those cultured under high-glucose conditions. These findings indicate that the p38-MAPK signaling pathway is closely related to HSC activation. High glucose-induced HSCs can be activated via intracellular p38-MAPK signal transduction.

<b>Table 1.</b> Relative $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) and phospho-p38-mitogen-activated protein kinase (p-p38-MAPK) band intensities in each group (means ± standard deviation (SD)).		
Group	α-SMA/GAPDH protein (%)	p-p38-MAPK/GAPDH protein (%)
Control group	$23.90 \pm 6.02$	8.13 ± 4.955
High-glucose group	34.61 ± 4.07**	22.79 ± 3.80**
Blocking group	$26.48 \pm 4.41^{\Delta\Delta}$	$10.66 \pm 4.15^{\Delta\Delta}$

\*\*P < 0.01 compared to the control group.  $\Delta\Delta P$  < 0.01 compared to the high-glucose group.

# DISCUSSION

HSCs are activated by various external stimuli. Upon activation, they undergo morphological changes, ultimately transforming into myofibroblasts (MFB), which express various cytokines and cytokine receptors (Choi et al., 2010; Ikeda et al., 2012). These myofibroblasts synthesize extracellular matrix (ECM) components, including collagen I, collagen III, hyaluronic acid, and laminin (Iwaisako et al., 2012); therefore, they play a key role in initiating fibrosis. HSC activation results in a significant increase in the expression of type I collagen, with mRNA levels reaching 60- to 70-fold the basal levels.  $\alpha$ -SMA expression is a sign of HSC activation (Xu et al., 2009). Activated HSCs secrete several cytokines, including macrophage inflammatory protein-2 (MIP-2), monocyte chemoattractant protein-1 (MCP-1), transforming growth factor (TGF)- $\beta$ , hepatocyte growth factor (HGF), fibroblast growth factor (FGF), tumor necrosis factor (TNF)- $\alpha$ , and interleukin (IL)-6, which are constituents of complex interaction networks that promote the development of hepatic fibrosis.

HSC activation is regulated by a complex signal-regulatory system, wherein multiple

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cytokines and bioactive products released by liver cells, Kupffer cells, endothelial cells, and HSCs themselves are stimulated and released *in vitro* and *in vivo*. Additionally, many drugs are known to regulate HSC activation. Yang et al. (2008) and Sigala et al. (2013) reported that noradrenergic cells can induce HSC activation in a dose-dependent manner. Sugimoto et al. (2005) reported that high glucose conditions induce HSC activation via the MAPK signaling pathway. External signals can regulate HSC activation via the p38-MAPK signaling pathway, thereby regulating hepatic fibrosis. The p38-MAPK signaling pathway is involved in signal transduction cascades that are initiated by extracellular signals, which in turn play a significant role in several important intracellular biological processes. Phospho-p38-MAPK is formed by the dual phosphorylation of threonine and tyrosine sites; this is quickly transferred to the nucleus, and acts on its corresponding target to promote HSC activation (Kim and Choi, 2010). Activation of the p38-MAPK signaling pathway results in the regulation of HSC activity, reregulation of the balance between hepatic fibrosis-related factor matrix metalloproteinase-13 (MMP-13) and tissue inhibitor of metalloproteinase-1 (TIMP-1), and promotion of the development of liver fibrosis (Chen et al., 2010).

The aim of this study was to elucidate the relationship between the p38-MAPK signaling pathway and HSC activation. We discovered that blocking the p38-MAPK signaling pathway inhibits glucose-induced HSC activation (Wu et al., 2015). We observed a significant upregulation in phospho-p38-MAPK and  $\alpha$ -SMA expression in HSCs cultured under high-glucose conditions; blocking the p38-MAPK signaling pathway was shown to inhibit this effect. This indicated a close relationship between the p38-MAPK signaling pathway and glucose-induced HSC activation. The p38-MAPK signal strength was also found to correspond to the level of HSC activation, while blocking the p38-MAPK signaling pathway reduced the high glucose-induced activation of HSCs. This study demonstrated that high levels of glucose promote the activation of HSCs via the p38-MAPK signaling pathway. These results lay the groundwork for future studies on HSC activation and liver fibrosis.

# **Conflicts of interest**

The authors declare no conflict of interest.

## ACKNOWLEDGMENTS

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